Desert Survival Expert Answers

Unless your team waited at the plane to be rescued you likely perished because of the heat and lack of water. The experts say these are the most important items.

1. mirror—signal planes with the reflected sunlight
2. top coat—protection from the sun and warmth at night
3. water—may last 24 hour if you stay still
4. flashlight—a signal at night
5. parachute—visual signal for planes
6. pocket knife—cut cactus for water
7. raincoat—protection from sun and catch rain (unlikely)
8. pistol—a noise signal
9. sunglasses—eye protection from sun
10. first aid kit—treat injuries
11. compass—useless if staying
12. map—useless if staying
13. book—you won’t starve
14. paint thinner—no use
15. salt—would only make you more thirsty